



LOFT  
LEGISLATIVE OFFICE OF  
FISCAL TRANSPARENCY

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# Priority Evaluation: Delivery of Mental Health Services

August 31, 2022

Meeting of the Legislative Oversight Committee

# Oklahoma Behavioral Health By the Numbers

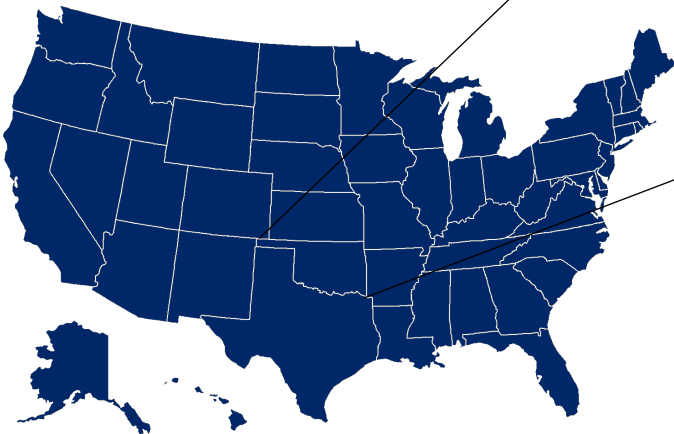


1 out of 5 Adults in Oklahoma experience mental illness



**657,000** adults in Oklahoma have a mental health condition.  
That's equivalent to **7x** the population of Edmond, Oklahoma

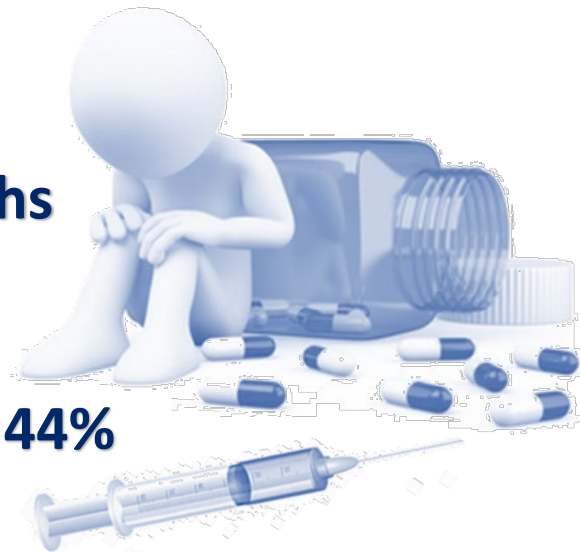
Approximately **54,000** youths (**17%**) experienced at least one major depressive episode within the past year, compared with the national rate of **15%**.



National suicide rate:  
**15 per 100K**

Oklahoma Suicide Rate:  
**21 per 100K**

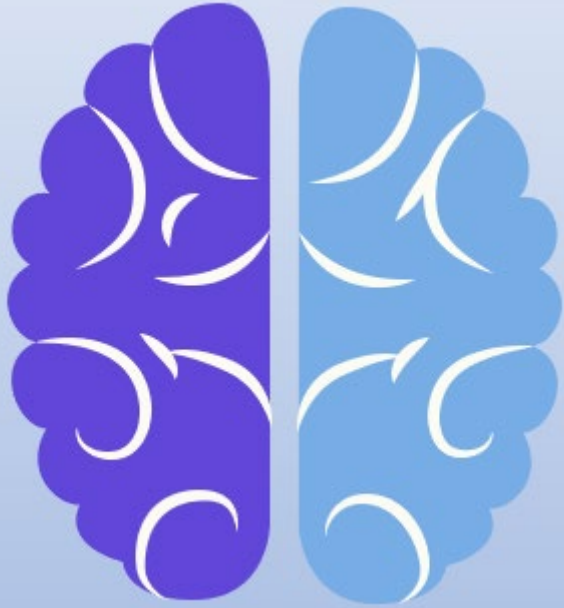
Oklahoma overdosed deaths increased **40%**; lower than the national rate of **44%**



## *Key Definitions*

### Mental Health

### Behavioral Health



### Substance Abuse Services

### Consumers



Consumers are identified as people who have:

- Experienced mental health challenges
- Used public clinical mental health services or
- Received treatment or care from community mental health services

***This evaluation was guided by four key objectives:***

- Identify types of mental health and substance abuse services provided by State agencies.
- Determine if any duplication of services exists and examine opportunities to better align expertise with delivery of services.
- Identify challenges facing mental health and substance abuse providers in delivering services.
- Evaluate best practices among states for the delivery of mental health and substance abuse services and opportunities for improved outcomes.



## *Two Domains for the Delivery of Public Services:*

- 1) Services Delivered By and Through ODMHSAS
- 2) Services Delivered Outside of ODMHSAS



**OKLAHOMA**  
Mental Health &  
Substance Abuse

- Serves two primary populations:
  - SoonerCare Members (Medicaid Recipients)
  - Indigent and uninsured or underinsured
- Payer of last resort
- Provides both direct and coordinated services to consumers.



*Direct Services Provided by the Oklahoma  
Department of Mental Health and Substance  
Abuse Services*

**FY22 ODMHSAS & OHCA Behavioral Health Funds From All Sources**

Revenue Source	Fund Type	Managing Agency	Medicaid Designation	Amount
DMH State Funds	State	DMH	Non-Medicaid	\$238,397,412.40
DMH State Medicaid	State	DMH	Medicaid	\$90,304,103.60
OHCA State Medicaid	State	OHCA	Medicaid	\$4,868,977.48
DMH Federal Funds	Federal	DMH	Non-Medicaid	\$200,782,884.00
DMH Federal Medicaid Match	Federal	OHCA	Medicaid	\$402,603,559.00
OHCA Federal Medicaid Match	Federal	OHCA	Medicaid	\$34,258,272.40
<b>Total DMH &amp; OHCA Behavioral Health Funds:</b>				<b>\$971,215,208.88</b>





**OKLAHOMA**  
**Mental Health &  
Substance Abuse**

**Funding**

- In FY22, ODMHSAS received approximately \$529 million in total funding
  - \$321.4 million in State appropriations (61 percent of all funding)

**State-operated Facilities**

- ODMHSAS is responsible for the operation of 11 State-operated facilities, some of which have multiple locations.
  - 4 inpatient hospitals
  - 4 Community Mental Health Centers (CMHCs)
  - 2 crisis stabilization units, and
  - 1 transitional facility





- Private Providers
  - Partners with 105 private, non-profit providers to deliver services
  - 13 Community Mental Health Centers (CMHCs)
  - Expanded CMHC model called Certified Community Behavioral Health Clinic (CCBHC)



- Behavioral Health Courts and Diversions
  - Adult felony drug court, mental health courts, misdemeanor diversion, juvenile diversion



- 988 Line & Mobile Crisis
  - Replaces National Suicide Hotline
  - Mobile crisis units can be dispatched to assist with mental health emergencies



- Cohen Veteran Network
  - Mental health clinic serving veterans and their families
  - Facility in Lawton, Oklahoma

State Entity	Youth	Adults	Veterans	Criminal and Justice-Involved	Intellectual & Developmental Disabilities (IDD)
Department of Mental Health and Substance Abuse Services (ODMHSAS)	✓	✓	✓	✓	
Alcoholic Beverage Laws Enforcement Commission (ABLE)		✓			
Oklahoma City Community College (OCCC)		✓			
Department of Corrections (DOC)				✓	
Department of Human Services (DHS)	✓	✓			
Department of Rehabilitation Services (DRS)		✓			✓
Health Care Authority (OHCA)		✓			
State Department of Education (OSDE)	✓				
State Department of Health (OSDH)	✓	✓			
Oklahoma State University (OSU)		✓			
Tobacco Settlement Endowment Trust (TSET)		✓			
Rose State College		✓			
University of Central Oklahoma		✓	✓		
University of Oklahoma (OU)		✓			
University of Oklahoma Health Sciences Center (OUHSC)		✓			
Office of Juvenile Affairs (OJA)	✓			✓	
Department of Veterans Affairs (ODVA)			✓		



- Schools
  - 1,877 full-time school counselors provide short term counseling to students
  - Provide suicide awareness and prevention
  - Federal grant for mental health awareness in 9 school districts



- Department of Corrections
  - 61 full time staff operate the Mental Health Services Unit
  - Coordinates with ODMHSAS for entry and reentry programs
  - Works with felony offenders under community sentencing



- Law Enforcement
  - Use iPads to connect to behavioral health providers in their area
  - Crisis Intervention Training provided to over 1,600 officers
  - Creation of Department of Public Safety Wellness Division

## Certified Community Behavioral Health Clinic (CCBHC)

- Provide expanded services
- Oklahoma is the first state to achieve full statewide coverage

## Enhanced Tier Payment System

- ODMHSAS pay-for-performance system for providers
- Increases in provider performance

## Adult Drug Courts

- Drug court graduates experience significant economic gains
- Significant savings compared to cost of incarceration and lower recidivism rate

## Certified Community Behavioral Health Clinics

- Enhanced Medicaid Reimbursement Rates
- 24/7 Crisis Care
- Evidence-Based Practices
- Care Coordination with Primary Care & Hospitals
- Integration with Physical Health Care
- Psychiatric Rehabilitation

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Measure	Average % Increase
1	55.2
2	49.1
3	34.7
4	27.2
5	22.2
6	21.3
7	16.9
8	13
9	13
10	11.2
11	6
12	5.5

## Certified Community Behavioral Health Clinic (CCBHC)

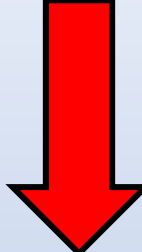
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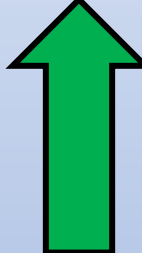
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 **- 39%**  
# of Unemployed

 **+ 129%**  
In Average Income

 **\$17,000**  
Saved Per Participant

# *Specific Challenges within State's Delivery System*



## Mental Health Treatment in Jails and Prisons

- Opportunity to coordinate/partner on delivery of services for behavioral health



## Veterans and Military-connected Community

- Currently no targeted State services
- Limited coordination with ODMHSAS on serving population
- High suicide rate
- No MOU with ODVA to share data



## Children

- Limited acute care
- Limited placement options for children with co-occurring disorders
- Inconsistent and uncoordinated services across school districts



## Real-time Bed Availability

- Inconsistent tracking of those awaiting beds
- Limited data and assessment on bed availability



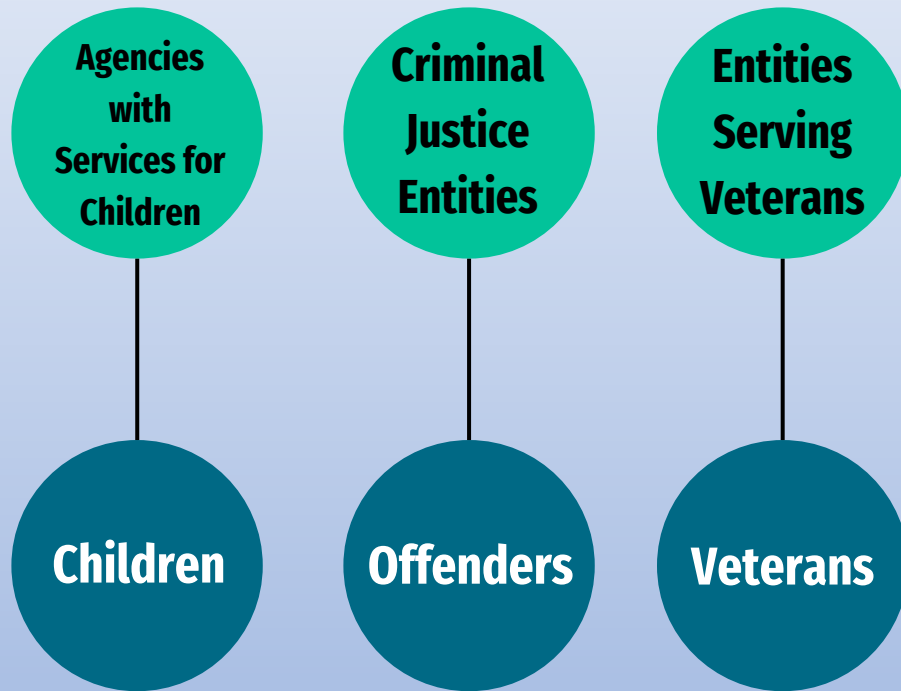


LOFT identified the following key gaps in behavioral health services:

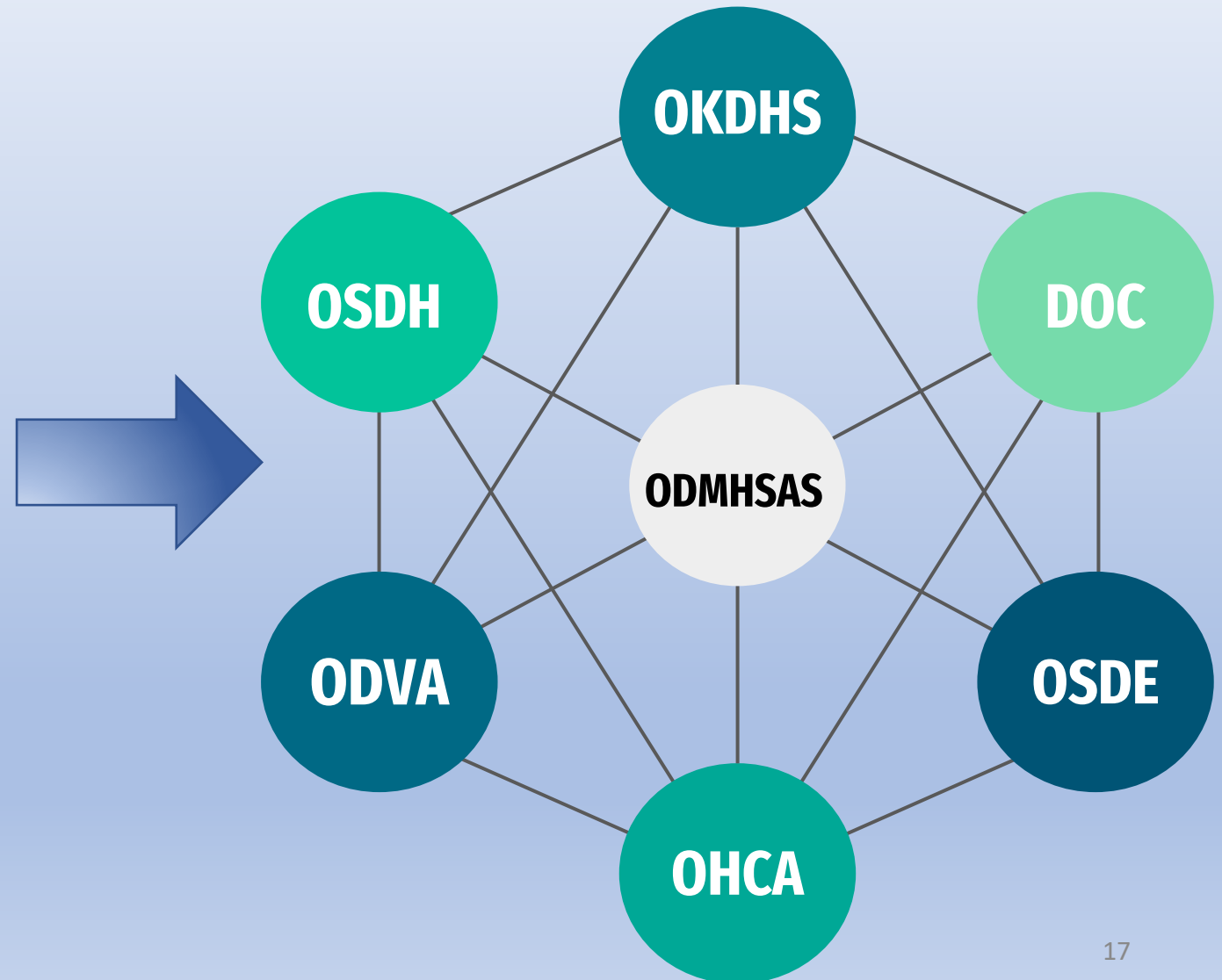
- Coordination and data sharing between State agencies
- Transportation and access to services
- Workforce shortages
- Rural access to behavioral health treatment
- Mental health treatment within county jails
- Direct and targeted services for military service members and veterans
- Behavioral health programs within public schools
- Continuum of care

## *Mental Health Data is Compartmentalized Across State Entities*

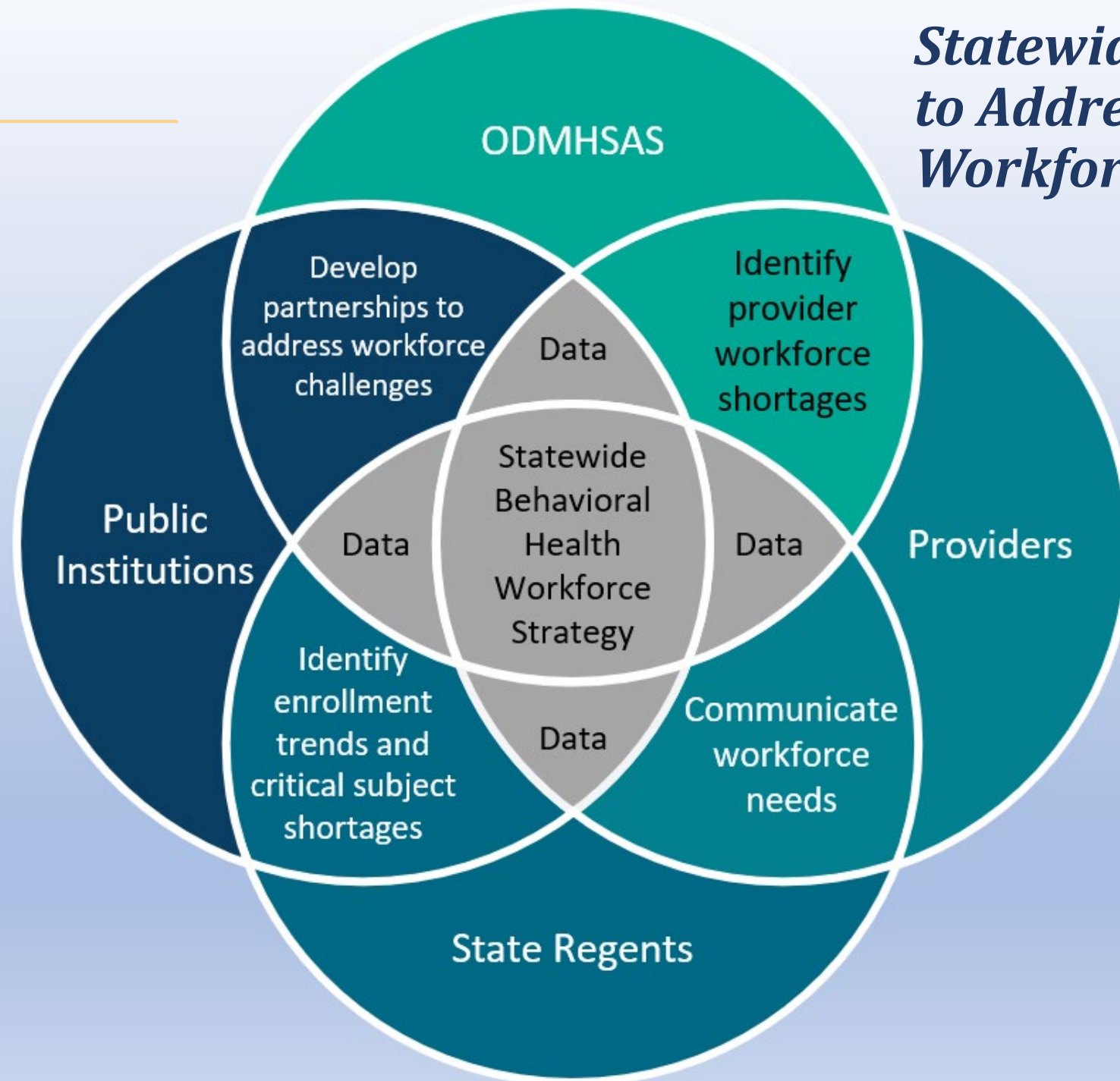
### Current Data for Targeted Populations is Siloed



### Proposed Integrated Data Sharing Framework



# *Statewide Coordination to Address Behavioral Workforce Demands*



## *Statewide Coordination to Address Behavioral Workforce Demands*

<b>Behavioral Health Occupation</b>	<b>2016 Supply</b>	<b>2030 Demand (Unmet Needs)</b>
<b>Adult Psychiatrist</b>	<b>230</b>	<b>600</b>
<b>Psychiatrist</b>	<b>290</b>	<b>700</b>
<b>Psychologist</b>	<b>600</b>	<b>1,430</b>
<b>Pediatric Psychiatrist</b>	<b>60</b>	<b>100</b>
<b>Psychiatric Physician Assistant</b>	<b>20</b>	<b>30</b>
<b>Mental Health Counselor</b>	<b>1,690</b>	<b>2,410</b>
<b>Addiction Counselor</b>	<b>1,020</b>	<b>1,400</b>
<b>Psychiatric Nurse Practitioner</b>	<b>140</b>	<b>180</b>
<b>Marriage &amp; Family Therapist</b>	<b>700</b>	<b>880</b>
<b>Social Worker</b>	<b>4,050</b>	<b>3,820</b>
<b>School Counselor</b>	<b>3,150</b>	<b>1,690</b>
<b>Total Behavioral Health Occupations</b>	<b>11,950</b>	<b>13,240</b>





## Utah External Providers



# UTAH BEHAVIORAL HEALTH WORKFORCE REINVESTMENT INITIATIVE



### PURPOSE:

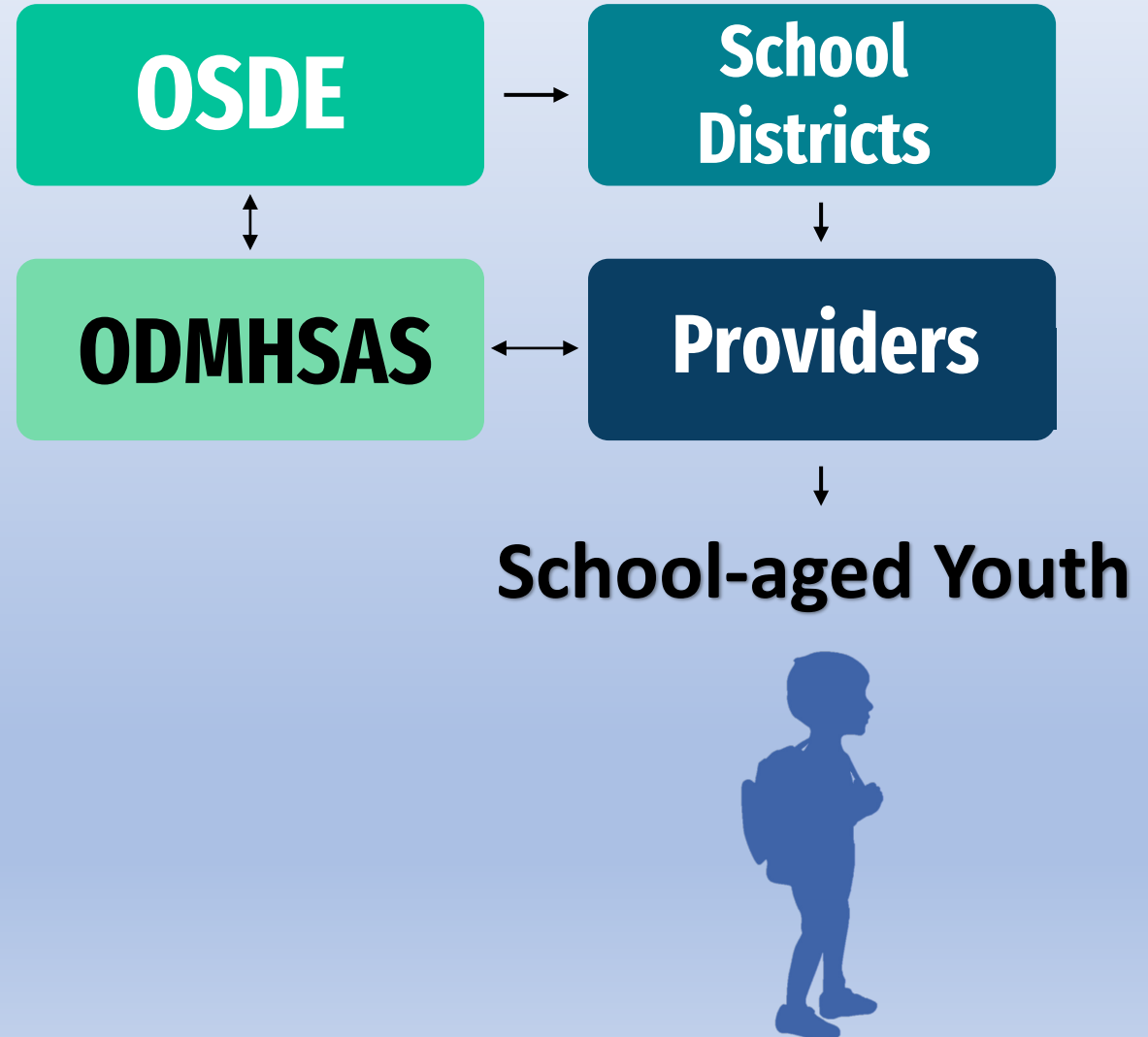
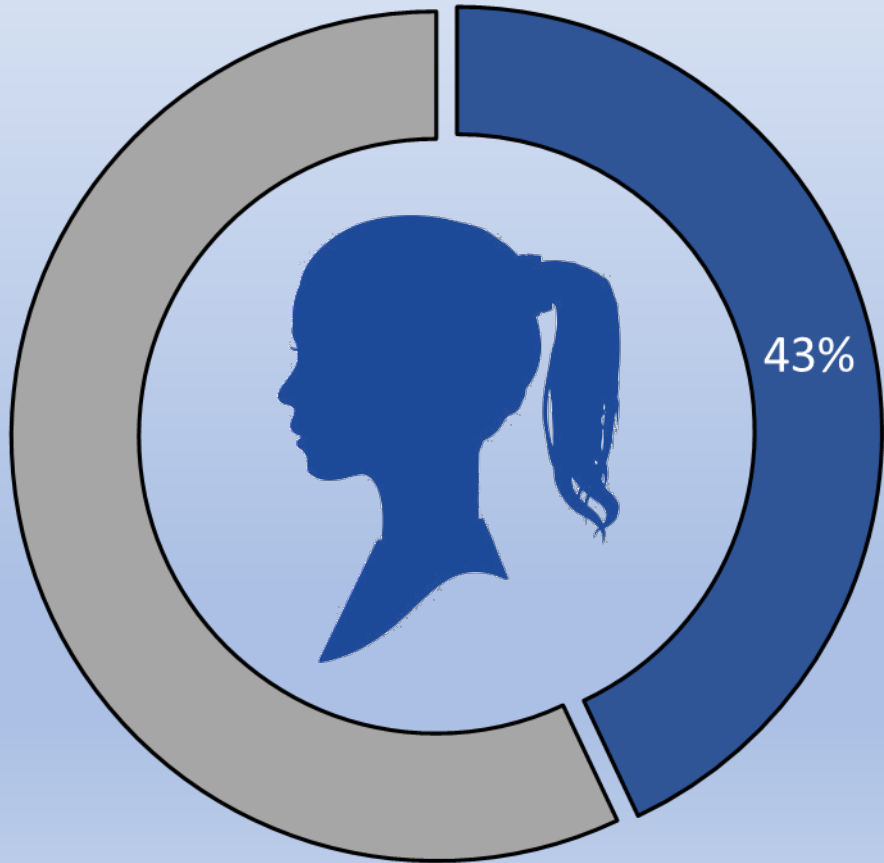
To award grant funds to behavioral health professionals to repay education loans, in exchange for serving in a publicly funded facility in the state of Utah.



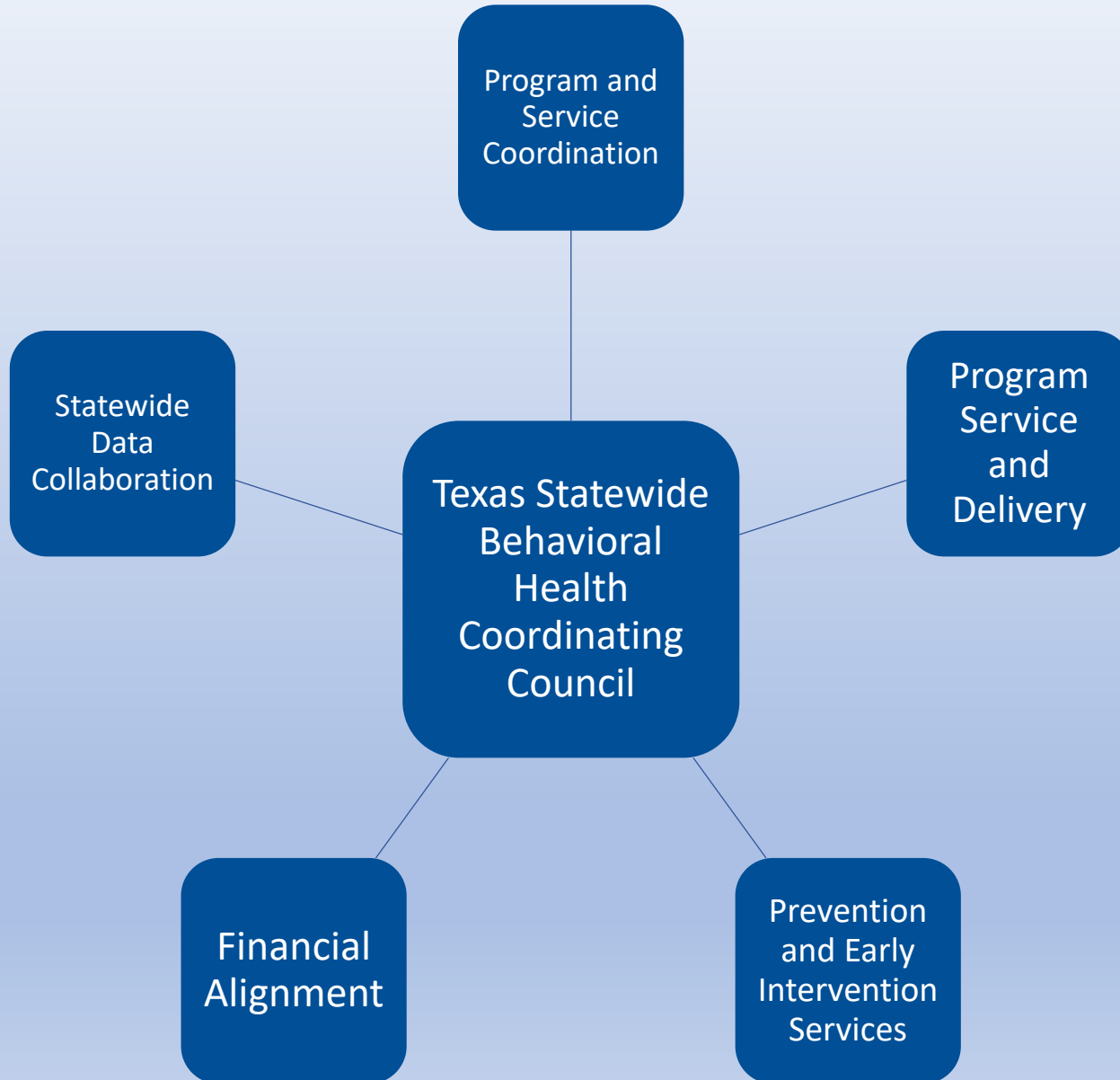
PROVIDER TYPE:	UP TO:
Psychiatrists .....	\$50,000
Psychiatric Pharmacists .....	\$50,000
Psychologists .....	\$30,000
Psychiatric/ Mental Health Nurse Practitioners .....	\$30,000
Clinical Social Workers .....	\$25,000
Counselors, Clinicians, Therapists .....	\$20,000
Certified Peer Specialists .....	\$500

## *Increase Coordination for School-aged Youth*

**Children Birth through 17 years old  
Represent 43% of all Oklahomans  
Receiving Services through ODMHSAS**



# ***Texas Statewide Behavioral Health Coordinating Council***



## **Strategic Plan Goals**

- Ensure continuity of services and access points across state agencies
- Maximize resources in order to effectively meet the diverse needs of people and communities.
- Maximize behavioral health prevention and early intervention services across state agencies
- Ensure that the financial alignment of behavioral health funding best meets the needs across Texas
- Compare statewide data across state agencies on results and effectiveness



# *Oklahoma Statewide Behavioral Health Coordinating Council Development Process*

## Year 1

- Legislature statutorily creates Statewide Behavioral Health Coordinating Council
- ODMHSAS leads Council and identifies partners
- Development of 5-year Strategic Plan

## Year 2

- Council conducts a statewide needs assessment for behavioral health services across all identified partners

## Year 3

- Identifies gaps and standardizes data collection and reporting
- Inventory of behavioral health services and programs reported

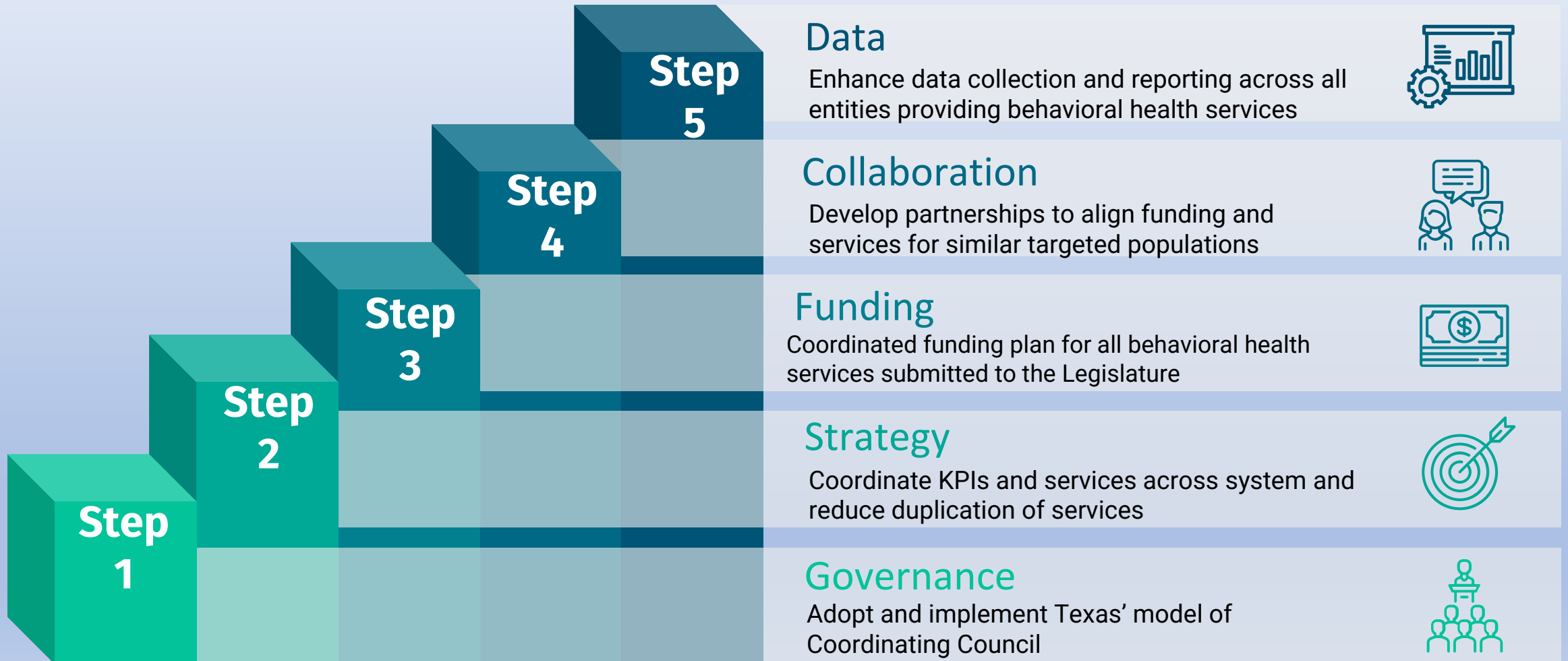
## Year 4

- Coordinated funding for behavioral health services across participating State entities submitted to the Legislature

## Year 5

- Submit first comprehensive report to the Legislature on aligned funding, Council outcomes, inventory of behavioral health programs and reduction in duplication of services

# Key Steps in Development Process for Oklahoma's Coordinated Behavioral Health Services System



The Legislature may consider the following policy changes:

- Establishing a statewide coordinating council for the delivery of behavioral health services.
- Requiring ODMHSAS to provide with its annual budget request a comprehensive “State of Mental Health” annual report reflecting service metrics, demographics, type of services rendered, and identifying gaps in service.
- Requiring agencies to provide data to ODMHSAS for the purpose of producing the “State of Mental Health” annual report.
- Requiring all State agencies involved in the delivery of mental health programs and services to develop and submit a coordinated funding plan to the Legislature annually before October 1st of each fiscal year.
- Requiring ODMHSAS to develop, or contract with a research institution to identify systemic workforce challenges for behavioral health providers and provide a list of recommendations for how to recruit, retain and increase wages for behavioral health providers.
- Requiring ODMHSAS and OSDE to complete a baseline inventory of all behavioral health services offered in school districts – whether directly provided by schools, private providers, or ODMHSAS – to identify service levels as well as service gaps.
- Modifying the current apportionment of the Medical Marijuana Excise Tax to be directed to ODMHSAS for use in providing substance abuse and mental health services.
- Amending the Department’s official name to the Oklahoma Department of Behavioral Health to better reflect the services provided.

# *Agency Recommendations*

The Oklahoma Department of Mental Health and Substance Abuse Services should:

- Examine measurable ways to incentivize or reward providers for staff retention.
- Review compensation of security personnel within State mental health facilities to better align with that of correctional officers within the State's correctional facilities.
- Improve personal protection protocols for all personnel within the State's mental health facilities.
- Establish a memorandum of understanding with the Oklahoma Department of Veterans Affairs to share data and increase coordination of services.
- Coordinate with Veterans Health Administration facilities to enhance the delivery of services and treatment for military members and veterans.
- Establish a partnership with the newly created DPS Mental Wellness Division to develop a strategy to meet the mental health needs of first responders.
- Identify strategies for better coordination of mental health services within county jails and other detention facilities.
- Collect and analyze iPad usage and outcome data for both user populations: first responders and general population.
- Collect data on the amount of time individuals stay on facility waitlist for beds.